

Oxford Heroes 1 Speaking: Sport

Reading

1. Read the text. Whose advice do you agree with? Why?

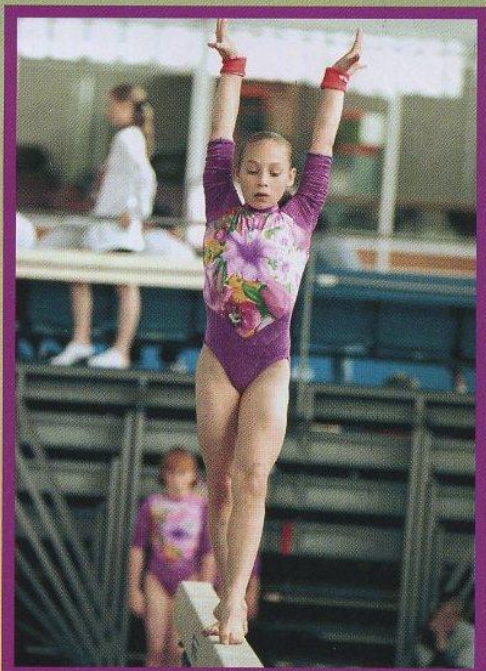
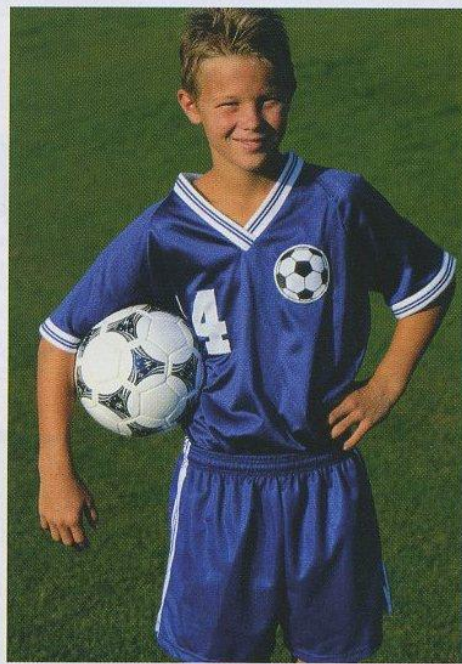
Young Sports Stars

How can you be successful at sport?
We ask two young British sports stars for their advice.

A Michael Greenwood: footballer.

I play football for the Newcastle United youth team. It's great fun, but it's hard work, too. I train every day after school for about two hours at the football stadium. On Saturdays, our youth team plays matches. I train on Sundays, too. My coach thinks I'm a good player. One day I want to play for England. I want to be a superstar!

Michael's advice: 'Train every day and don't give up!'



B Penny Tanner: gymnast

It isn't easy to be a champion! My dad drives me to the gymnastics club every morning at six a.m. and I train for two hours before school! On Sundays I train all day. My ambition is to go to the Olympics, but I think it's good to have fun, too. On Saturdays I meet my friends, and we often go to the cinema.

Penny's advice: 'Don't train all the time. Have some fun!'

2. Read the text again and answer the questions.

1. Where does Michael train?
2. What does he do on Saturdays?
3. What does he want to do in the future?
4. Where does Penny go before school?
5. How long does she train on Saturdays?
6. What does she do with her friends?

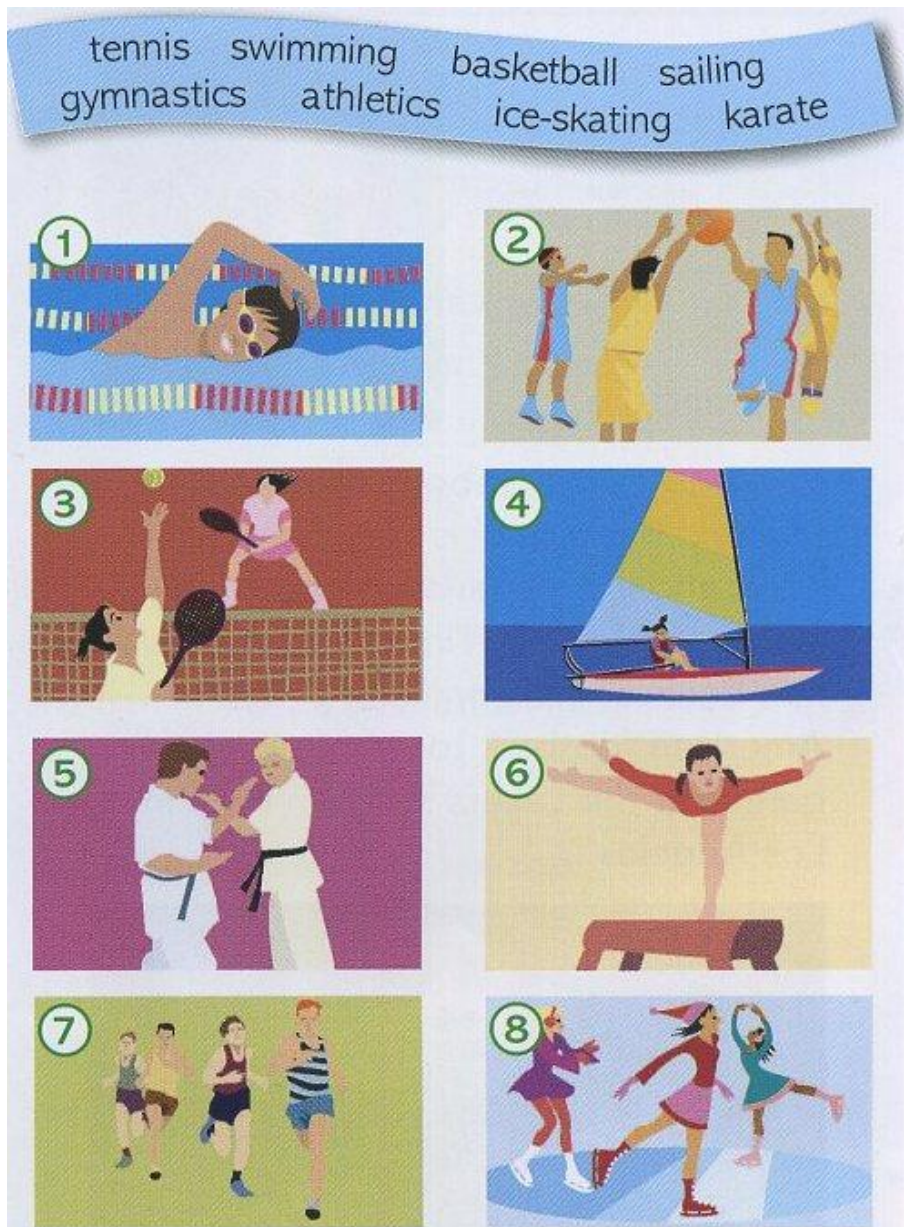
3. Would you like to be a famous sports star? Why? / Why not?

Vocabulary

Sports

4. Match the pictures with the words in the box.

tennis swimming basketball sailing
gymnastics athletics ice-skating karate



We use *play* with ball games.
I play basketball on Fridays.

We use *go* with sports ending in *-ing*.
She often goes sailing.

We use *do* with other sports.
They do gymnastics at school.

Speaking

5. Ask and answer the questions about the sports in exercise 4.

What's your favourite sport?

Do you play ...?